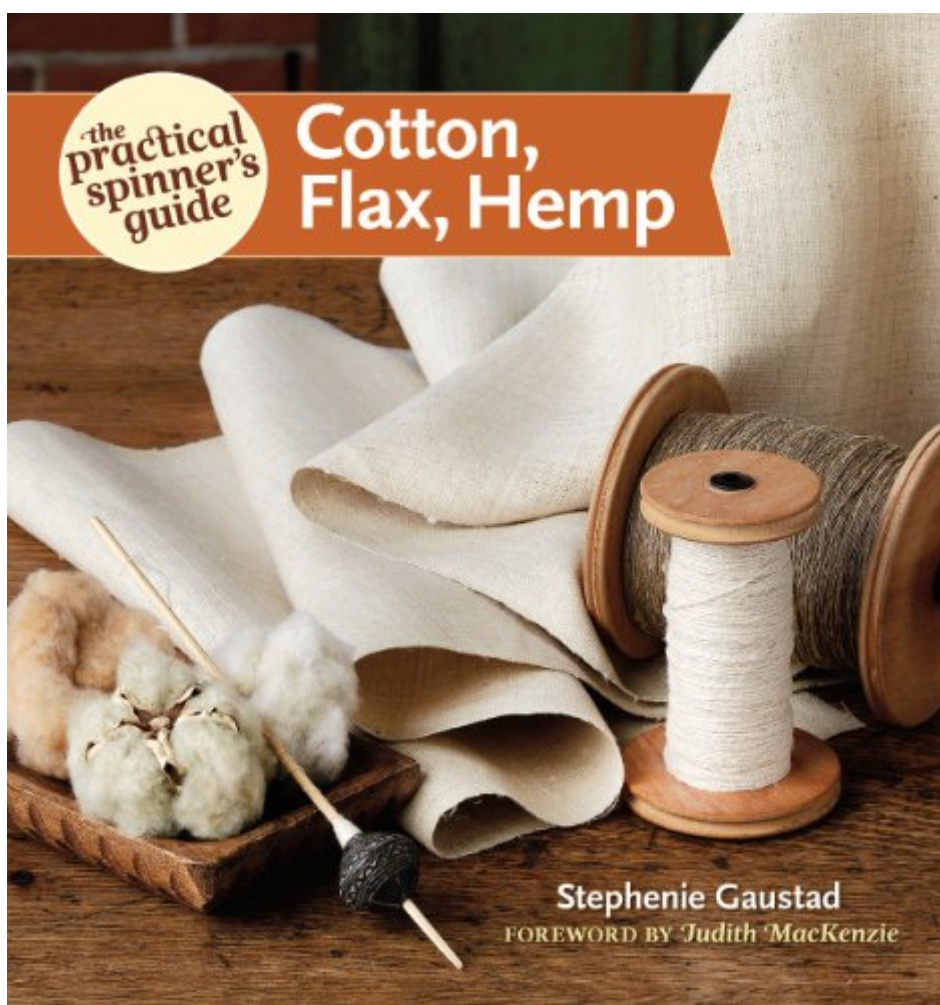


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# The Practical Spinner's Guide - Cotton, Flax, Hemp (Practical Spinner's Guides)



## Synopsis

A one-stop guide to preparing and spinning cotton, flax, and hemp! Over the last few years, focusing on specific types of fiber or spinning techniques has become more and more popular. In *The Practical Spinner's Guide: Cotton, Flax, Hemp*, author Stephenie Gaustad offers a detailed overview of each plant, the fiber it produces, and how to properly prepare, spin, and finish yarns made from each fiber. Cotton, flax, and hemp behave very differently from wool, and special handling is required. Stephenie discusses how each fiber behaves and how best to work with them, specifically touching on trouble spots such as drafting and adding twist. She also covers finishing yarnsâ “cleaning, setting twist, and plying--as well as what dye processes are best for adding color. Finally, she includes a discussion of spinning for both knitting and weaving, covering fabric properties of each fiber, and what spinners need to take into account when using the yarn in a subsequent project.

## Book Information

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Fiber Arts & Textiles

## Customer Reviews

Plant fibers can be a challenge for me. There was a point where I considered cotton to be

impossible. No more. Thanks to Stephenie, and her clear, concise and always helpful guidance, I now have almost enough cotton finely spun for a wedding hanky, and I did it while watching TV in the evenings!

Stephenie makes the bast fiber spinning very much clearer than anything I have read before. I have taken classes in spinning these fibers, and she makes some of the confusion remaining clear up. Now just to practice, practice, practice. Can't wait for the next book in the series.

Much like each of the other books in this series that I own, The Practical Spinner's Guide to Cotton, Flax & Hemp is an in-depth analysis of those specific fibres and their strengths and idiosyncrasies when spun. Incredibly comprehensive, this is the ultimate guide to working with natural plant fibres and getting the most out of the material with consistent results. I highly recommend this and the other PSG texts, regardless of your experience level in spinning.

This is an excellent book for spinning Cotton, Flax or Hemp. It's very informative and has very clear instructions.

Useful information, clear illustrations and photos.

It is very clear and well written, I learned a lot from the book and will use it as a reference in the future

Was hoping for in depth technical information/instruction.

Very well written and clear. I will feel much more confident spinning Cotton, Flax or Hemp.

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